To find the total population in each state using MapReduce in MongoDB on the "zip" collection (assuming you've already imported the "zip.json" data), you can create a map and reduce function as follows:

1. Create a Map function:

```javascript

var mapFunction = function () {

emit(this.state, this.pop);

};

```

2. Create a Reduce function:

```javascript

var reduceFunction = function (key, values) {

return Array.sum(values);

};

```

3. Run the MapReduce operation:

```javascript

db.zip.mapReduce(mapFunction, reduceFunction, {

out: "statePopulation",

finalize: function (key, reducedValue) {

return reducedValue;

}

});

```

This code will create a new collection called "statePopulation" that contains the total population for each state. You can then query the "statePopulation" collection to find the total population in each state.